Freehold Community Primary Academy
Sidmouth Street
Oldham
OL9 7RG

Principal: Miss N Trevett
Vice Principal: Miss P Greenwood

Tel: 0161 770 6450
Email: freehold@focus-trust.co.uk
Website: www.freeholdprimaryacademy.co.uk

Dear Families,

Y3 letter

As a part of your child's education at Freehold, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, strategies and practical skills to live safe, healthy, productive lives and meet their full potential.

From this academic year, we have chosen to teach PSHE using Kapow Primary.

Our scheme fulfils the statutory requirements for Relationships and Health Education set out by the Department for Education. It also fulfils the National Curriculum requirement to teach PSHE and goes beyond the statutory requirements by referring to the PSHE Association Programme of Study (recommended by the Department for Education.) When this RSE & PSHE scheme of work is taught in conjunction with our Computing scheme, it helps schools to meet the non-statutory guidance requirements of teaching online safety in schools

The Kapow scheme of work covers five units of work that are repeated each year from with progressive knowledge from year one to year six. The specific content your child will cover in Y6 are:

Unit	**Key learning**
Family and Relationships	Learning about trusted adults and how they can help in different situations Know about bullying – what it is and what it isn't Learning about stereotypes with toys
Health and Wellbeing	Understanding different factors that contribute to a healthy lifestyle Exploring identify through the groups we belong to Understanding how our strengths can help others Learning how to solve problems
Safety	Learning about cyber bullying and how to deal with it Learning about road safety Developing an understanding of what to do in an emergency Learning about first aid linked to bites or stings
Citizenship	Learning about the local council and councillors Learning about the impact of recycling Learning about charities and the work they do in the community
Economic Wellbeing	Learning about payments methods. Learning about budgets Learning about choices Learning about skill sets Learning about stereotypes

You will be able to find out when each unit is covered by looking at the curriculum overview which is shared half termly. In addition to the units above, we engage in nationwide awareness events, these include; Anti-Bullying Week, Children's Mental Health Week and Mental Health Awareness Week. All of these events link to and support our learning within the PSHE curriculum.

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Sex Education

Sex education is not compulsory in primary schools and at Freehold, we do not teach any lessons explicitly linked to sex education. However, there are some overlaps in a couple of Science units where certain topics provide biological knowledge that underpins sex and relationships education.

These are detailed below:

	Key learning	**Notes**
KS1 Animals including humans	• Identify, name, draw and label the basic parts of the human body. • Notice that animals, including humans, have offspring which grow into adults. • Find out about and describe the basic needs of animals, including humans, for survival (water, food, air). • Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.	No intimate body parts are shown, discussed or labelled. Children will know that humans have babies but no discussion around the mechanics of reproduction will be had.
Y5 Animals including humans	• Describe the changes as humans develop to old age.	Children will learn about physical changes that happen as they get older. Children will learn about the life span of different animals. They will not directly learn about puberty as this is only in Y6.

If you would like further information regarding our RSE curriculum and/or would like to view some of the material we will use to teach your child, please contact me through the school office for us to discuss this further.

Yours sincerely

N Maher

Mrs N Maher
Principal