Relationship Education for Every Child

At Freehold Primary Academy, we believe that the implementation of a **robust** RSE scheme allows time in the curriculum to **develop, explore** and **teach personal, social** and **healthy wellbeing** for our children.

We have carefully planned the RSE curriculum to allow for children to develop their **skills, values, understanding** and **knowledge** to keep them **physically** and **emotionally healthy** and to ensure they are **prepared for life in modern Britain**. Throughout our curriculum, we provide children **opportunities** to access learning aimed to **support** their **wellbeing** in both the **present** and in the **future**. Our aim is to develop their knowledge in **coping strategies, preparation** for **responsibilities** in their lives, how their **bodies will change** and living in a **respectful and mindful world**. We aim to instil an **ethos of respect, tolerance and acceptance** in all of our children.

We believe **good relationships** are fundamental to our ethos and our success in being an **inclusive, happy, caring and safe school**. Therefore, it is vital that we provide our children with **sensitive** and robust Relationships and Sex Education (RSE) as it in the basis for **lifelong learning** about **relationships, emotions, looking after ourselves, different families, sexuality**. We aim for the children in our school to acquire the appropriate **knowledge,** develop their **skills** and form **positive beliefs, values and attitudes** to prepare for the future. RSE has a key part to play in the **personal, social, moral and spiritual development** of young people is it therefore paramount that the teaching of PHSE and RSE is explicitly taught throughout all key stages within our school.